

# Native Shores Rendezvous — What to Bring Checklist

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## Base Camp

**Option 1:** Camping (You will mostly only sleep and store your things in your tent)

Like car camping, you are only going to be 15 – 30 feet from car unloading.

- \_\_\_ Tent & camping gear
- \_\_\_ Mattress Pad (Thick as you want since we are not lugging them into wilderness)
- \_\_\_ Sleeping bag
- \_\_\_ Shelf liner - anti-slip. This helps prevent your sleeping bag from sliding across your tent floor on a minor incline. The land is on a minor incline.
- \_\_\_ Flashlight or camping lamp
- \_\_\_ Earplugs just in case. Tent walls are thin. Ocean sounds are great, neighbor snoring is not.
- \_\_\_ A "loud" portable alarm clock even if you don't wear earplugs. Your phone can do this.

**Option 2:** Lodge Stayers ([requires an extra fee](#)).

- \_\_\_ Sleeping bag and your favorite pillowcase (beds provided only have bare mattresses, pillows, and meager blankets).
- \_\_\_ Earplugs - the walls are thin and some people stay up past your bed time talking in the lodge.
- \_\_\_ A "loud" alarm clock even if you don't wear earplugs. Your phone can do this.

### **Everyone Brings...**

- \_\_\_ Toiletries: Soap, tooth brush, floss etc. There is only limited access to two showers.
- \_\_\_ Baby wipes are useful
- \_\_\_ 2 Large Towels.
- \_\_\_ Favorite Coffee or Tea mug. (Bring your own coffee if you do not want to drink instant coffee)

## Field Trips

- \_\_\_ Oregon Shellfish Collecting License
  - YOU MUST CARRY THIS ON YOU AT ALL TIMES WHEN COLLECTING OR MOVING CLAMS**
- \_\_\_ \$10/person for car pooling contribution to the driver.
- \_\_\_ Day Pack for carrying food, extra clothing, and raingear (just in case)
- \_\_\_ Water bottle
- \_\_\_ Field worthy, pocket sized note pads & pencils
- \_\_\_ Scissors preferably in sheath for hanging on your belt
- \_\_\_ Pocket-sized Water-proof bag (Ziplock) for your wallet & watch
- \_\_\_ 6 **white** plastic or reusable grocery bags with handles (not the big 13 gallon garbage bags)
- \_\_\_ 3-5 gallon plastic pail **per person** (white is best color). **No** family collecting in a single container.
- \_\_\_ For ocean water: Old wetable tennis or hiking shoes, & pants. Waders are super inconvenient.
- \_\_\_ Wide-brimmed waterproof rain hat that ties to the head (protects from sun & rain)
- \_\_\_ For coastal forests: Bring rugged but layered cloths that will keep you warm in the wind and rain or can be removed to keep you cool on hot dry days, raingear, a wide brimmed hat, and hiking boots. For seaside visits:
  - \_\_\_ Warm layered clothing that can get wet and dirty - preferably: old wool socks, pants, sweaters and other clothing that will keep you warm even when wet. All seashore clothing should be layered and able to withstand immersion in salt water and protect your body (knees, shins, and hands) from a fall on

sharp rocks. If you do not currently have much wool, check out thrift stores for old sweaters and pants. Wet suits might be overkill as most people will only get wet from their knees to their upper thighs.

**Inappropriate Clothing** for climbing surf rocks are: sandals/flip flops, shorts, and light summer cotton clothing. Bare feet and sandals are inappropriate for walking on sharp barnacles, sharp rocks, and slippery sea life. Poor footwear is dangerous and slows us all down. The weather can change in an instant from warm and sunny to freezing rain. prepare for all possibilities.

## Food

Native Shores provides breakfasts and dinners beginning Saturday breakfast, ending Monday breakfast. Breakfasts are simple granola-style cereal or oatmeal. Dinners are wild food based.

**Food You Provide Yourself:** (Note, we are not far from food sources in Tillamook)

- \_\_\_ Friday Dinner before the program starts at 7pm.
- \_\_\_ Sack Lunches for Saturday & Sunday
- \_\_\_ Snack foods for 4 days.
- \_\_\_ Foods you feel you need if you have a special diet to adhere to
- \_\_\_ Any wild food that you've previously prepared, are proud of making, & would like to share with the rest of us. Wild flours, jams, syrups, canned foods, pickles, nuts, beans, fruit leathers, etc.

## Clam Digging Tools

Bring one rake, one clam gun (or shovel), and one bucket per person. Bring what you can. Borrow from friends if you can. Important: every person collecting must have a separate collecting container. Families and friends cannot share their collection in one collecting bucket. It is illegal.

- \_\_\_ Cultivator Rake or Garden Rake (hard dirt-style rake, not soft leaf rake). Either of these will work.



- \_\_\_ Clam Gun or spade shovel. If you already own or can borrow one, bring it.

### Best to Worst Options for Digging Bay Clams



Best Options



Less Effective



Do NOT Bring

## **Optional**

- \_\_\_ Knife in a sheath for hanging on belt
- \_\_\_ 2 or 3 of your favorite wild food books to show others
- \_\_\_ Sunscreen
- \_\_\_ Leather gloves for protecting hands while collecting mussels.
- \_\_\_ Some people prefer wadders to wetable tennis or hiking shoes, but they slow us down and are burdensome to get in and out of.
- \_\_\_ Stories or folk tales to tell for the evenings.
- \_\_\_ A vehicle that can carry 5-8 people for group travel to various habitats.
- \_\_\_ Food dryer for drying seaweed. Electrical outlets are limited.
- \_\_\_ Food storage containers to take food home after the event. We have gobs of leftovers. Tupperware, plastic tubs, zip lock bags, etc.

### Clothing

- \_\_\_ 4 changes of cloths
- \_\_\_ Prepare for temperatures usually ranging from 40 F at night to 50-75 F during the day.
- \_\_\_ Encampment Clothing: Bring clothing for comfort and warmth.

### Shellfish Licenses

\_\_\_ Shellfish licenses are now required for anyone 12 or older to collect shellfish in Oregon. In-state licenses are \$10/year, A 3 day out-of-state license costs \$19. or pay \$28 for a full out of state year. A 3-Day license **must specify the days you intend to do the collecting - Specify Saturday, Sunday & Monday**. You must have the License with you (on you, in your pocket) during the workshop or you will only be allowed to watch or help someone else. If shellfish are found in your possession on the beach, and you don't have a license on you, the fine is \$80 and up. A license must be purchased "PRIOR" to our event. Note that a license will not guarantee us the ability to collect shellfish if there is a marine toxin advisory from the Department of Fish & Wildlife, The Department of Health, or the USDA.

### Access to Rendezvous Site

Note that: **WE DO NOT HAVE ACCESS TO AND CANNOT DISTURB OUR BASE CAMP SITE PRIOR TO 4PM FRIDAY**. So if you find our site before then, go sight seeing and do not approach the site. Another group will be using it until 4. After 4pm, come in to register for Native Shores. People will be arriving gradually between 4 and 7pm, including Dr. Kallas. If no one is there when you arrive (after 4pm) just verify the address and set up your camp or just wait and make friends with other participants until Dr. Kallas gets there to open the lodge. A multitude of set up responsibilities sometimes delays him.